

STAFFORDSHIRE A.A.A. CROSS COUNTRY CHAMPIONSHIPS 2014

The Championships will be held on Stafford Common, Stone Road, Stafford on Saturday 4th January 2014. Car Parking is close to the Start and Finish, there will be a Marquee available with separate Male and Female Changing Areas provided. Stafford Harriers will be offering Refreshments for sale at the venue.

Programme of Events :

12.00 pm	Under 13 Girls	1.05 pm	Under 17 Women
12.00 pm	Under 13 Boys	1.05 pm	Under 17 Men
12.25 pm	Under 15 Girls	1.05 pm	U20, Senior & Veteran Women
12.25 pm	Under 15 Boys	1.45 pm	U20, Senior & Veteran Men

1. Eligibility (see UKA rule 9) :

a) Athletes who were born, or who have lived for the previous nine months, within the County boundaries (pre 1964), or who have previously acquired and exercised eligibility and not competed subsequently for another County.

b) Under 13, Under 15 and Under 17 athletes, not otherwise eligible, provided that they both :

i. are members of an Affiliated Club.

ii. have not competed in another County's Championship or Team in 2012.

Athletes allowed entry under b) will not be eligible for County Team selection, nor acquire County qualification for Staffordshire.

2. Anyone not eligible to represent their Club in Open Team Competition should enter on an individual form.

3. The Age Groups are defined as follows :-

Under 13 Girls and Boys	Born 01.09.00 to 04.01.03
Under 15 Girls and Boys	Born 01.09.98 to 31.08.00
Under 17 Women and Men	Born 01.09.96 to 31.08.98
Under 20 Women and Men	Born 01.09.93 to 31.08.96
Senior Men and Women	Born on or before 31.08.93
Veteran Women	Born on or before 04.01.79
Veteran Men	Born on or before 04.01.74

All, except Seniors must give date of birth to be eligible for Age Group medals.

4. Under 13 Girls and Boys will start together and run the same distance finishing in the same funnel, they will follow different exits. Under 15 Girls and Boys will start together and run the same distance finishing in the same funnel, they will follow different exits. U17 Men, U17 Women, U20 Women, Senior and Veteran Women will start together and run the same distance finishing in the same funnel, males will follow a different exit to the females. U20 Men, Senior and Veteran Men will run as one race.

5. Awards will be made to the first three in each race. Teams from affiliated clubs will be eligible for Team Awards, with three to count, except for Senior and Veteran Men, where six will count. Under 20s will count in the Open Team, as will Veterans. Under 20s and Veterans will receive Individual and Team Awards based on their position in the Open race.

6. Awards will be presented as soon as possible after each race.

7. Individual entry fees will be £4.00 for Seniors and Veterans, £3.00 for U20, U17, U15 and U13. There are no team entry fees.

8. Entries, together with the entry fees, made payable to "Staffs AAA", should be forwarded to :- Graham Allen, 18 Harcourt Way, Tillington, Stafford, ST16 1QY.

ENTRIES CLOSE SATURDAY 21ST DECEMBER 2013.

Please enclose a 9" x 6" stamp addressed envelope if you wish to receive a receipt or directions.

9. Numbers will be issued on the day. Except for individual entries, for each Club each Age Group will be issued as a batch to a Club representative.

10. No printed results will be available at the venue, they will be available on Saturday evening on www.staffs-athletics.co.uk,

11. NO LATE ENTRIES WILL BE ACCEPTED. Post well in advance of Christmas to be safe.